

Gist of psychiatric report supplied in support of HN17's application for restriction order over real and cover name

Dated 19/4/17 written by Dr. Paul McLaren having reviewed the risk assessment and the officer's medical records and after having interviewed the officer in March 2017.

HN17 told Dr. McLaren in that interview that s/he did not believe s/he had any current mental health problems, did not feel anxious or panicky, had a similar sleep pattern to that over last two years (up and down). When s/he had been diagnosed with mild depression two years earlier, s/he had been prescribed anti-depressants but had not taken them and had a week off work.

Dr. McLaren's opinion:

HN17 not suffering from mental disorder but is in a vulnerable state of mind and exhibited a state of dread due to the threat of disclosure of the undercover identity.

HN17 held a genuine fear for the safety of the officer and the officer's family if the real name was disclosed. If it was disclosed, HN17 will be at high risk of a further depressive episode which should be treatable with medication and therapy, although would point to a guarded prognosis, but would be at high risk of getting stuck in a chronic depressive state.

Due to HN17's deep concern that cover name disclosure would lead to real name disclosure, Dr. McLaren's prognosis if cover name is disclosed is the same as if real name were disclosed.

If a real and cover name restriction order is granted, Dr. McLaren's prognosis is that on the balance of probabilities, HN17 will not suffer a further depressive episode or adjustment disorder.