

N101: Gist of Counsellor's reports dated 29 May 2017 and 12 November 2017

Report provided by an experienced counsellor and Eye Movement Desensitisation and Reprocessing ("EMDR") therapist. Therapist gained an MA in Counselling Psychology in the 1980s and a PHD in the 1990s amongst other postgraduate qualifications.

Counsellor has been meeting with HN101 and their family since the 2000s, first dealing with HN101's partner and subsequently HN101 having had concerns of mood and behaviours reported.

Counsellor sets out her assessment that HN 101 has PTSD and had such symptoms whilst HN101 remained in the UK. HN101 had explained that the PTSD symptoms are mainly dormant if HN101 remains anonymous and does not engage in activities triggering his undercover work. Counsellor has seen HN101 when they are triggered and sets out extent of work to bring HN101 back to be able to carry on with day-to-day activities.

Sets out concerns to extent that HN101 will be able to answer oral questions put to him in due course and potential impact on him. Sets out mitigating factors that will be required in obtaining any written statement. If HN101 has anonymity and is asked to provide a statement in a non-pressured way, the prognosis for the wellbeing is good. A failure to do so could lead to the need for medication or hospitalisation.

Sets out that HN101 is visibly anxious when asked about the revelation of cover identity and that there were symptoms of a post trauma response. It took time to return to a normalised state to ask further questions.